



**WORK WISE**



HEALTHY EMPLOYEES ARE GOOD FOR YOUR BOTTOM LINE.



**Friday**

*April 10th*

**12:00 - 1:00 pm**

Walk begins promptly  
at 12 Noon

**Take Time for 2**

**Come celebrate National  
Employee Health & Fitness Day!**

**Walk or Run**

**2 miles for wellness**

The walk takes place at  
**Cullowhee Recreation Center**

**Participation earns**

**1 point!**

To register, contact:

[wellatwork@jacksonnc.org](mailto:wellatwork@jacksonnc.org) or 828.631.2212

**Register no later than:**

**5 pm, Friday, 4/3/2020**

