

December 2023 – Holiday Kindness Challenge

Try to complete as many squares as you can during the month of December.



Name: _____

Department: _____

Make holiday Cards	Give positive social media shot outs	Have a game night in pajamas	Call an old friend	Use healthy substitutions for a recipe	Pick up litter	Watch a holiday movie
Sing holiday songs	Hold the door for someone	Decorate a door at work or at home	Smile at everyone you see today	Let someone go ahead of you in line	Bake cookies for someone	Tape change to a vending machine
Read a holiday story to someone	Volunteer for a good cause	Color or draw something holiday-ish	Leave a happy note for someone to find	Adopt a family for the holidays	Feed the birds	Donate to a local pantry
Help a furry friend or organization	You blood is the best holiday gift for someone	Pay for someone's coffee or meal	Donate to a good cause	Do a secret act of kindness	Give a friend a compliment	Give treats to the mail carrier
Bake a cake for a local agency	Tell someone you love them (and why!)	Make your own ornaments	Make a homemade decoration	Bring someone hot chocolate	Write a letter of gratitude	Share your letter of gratitude

Image credit: Canva

Turn in your completed log through interdepartmental mail to **Jenifer Pressley** at the **Cullowhee Recreation Center** by January 10th.